



## Egg and Sausage Casserole submitted by Robin of St. Louis, MO

### Ingredients:

- 2 lbs of seasoned pork sausage, cooked and drained
- 4 slices of bread, cubed
- 1 dozen eggs
- 1 tsp salt
- 4 cups milk
- 2 cups grated cheddar cheese

### Directions:

Mix all ingredients and pour into 9 x 13" casserole dish. Refrigerate overnight. Bake 45 minutes at 350°.



Use paper bags rather than plastic to store lettuce and celery in the crisper. They will stay fresh longer.

Submit your favorite recipe at [www.prnhealthservices.com](http://www.prnhealthservices.com) for a chance to win our monthly prize drawing.

