



MAY IS
National Arthritis
Awareness Month

Nurses Week May 6-12



new hires INSIDE

PRN Press May 2011

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Certified by The Joint Commission

National Nurses Week 2011: Nurses Trusted to Care

Often described as an art and a science, nursing is a profession that embraces dedicated people with varied interests, strengths and passions because of the many opportunities the profession offers. As nurses, you work in emergency rooms, school based clinics, and homeless shelters, to name a few. You have many roles – from staff nurse to educator to nurse practitioner and nurse researcher – and serve all of them with passion for the profession and with a strong commitment to patient safety. Nurses PRN says thank you for your commitment to caring for others and selfless acts performed everyday!

National Nurses Week Facts - *Did you know:*

- There are nearly 3.1 million registered nurses in the United States. And, 2.4 million of them are actively employed.
- There are more than 5.5 million nurses and nurses aides in the United States. According to www.nursingschool.org that is more than the population of 30 states and five times that of the US Army. (LPN's account for 750,000).
- National Nurses Week is celebrated annually from May 6, also known as National Nurses Day, through May 12, the birthday of Florence Nightingale, the founder of modern nursing.
- Male RN's are 6% of the nursing community according to www.minoritynurse.com. Nearly 1/3 of them are younger than 40.
- The nation's nurses rank first for their honesty and integrity, with 82 percent of Americans rating them "high" or "very high," according to a 2005 Gallup Poll. Nurses have consistently rated first every year but one after being added to the list in 1999.
- The American Nurses Association (ANA) is the only full-service professional organization representing the interests of the nation's 3.1 million registered nurses through its constituent member nurses associations, its organizational affiliates, and its workforce advocacy affiliate, the Center for American Nurses. The ANA advances the nursing profession by fostering high standards of nursing practice, promoting the rights of nurses in the workplace, projecting a positive and realistic view of nursing, and by lobbying the Congress.
- While RN employment is expected to increase by 22% from now through 2018, the Bureau of Labor Statistics reveals that not all industries will experience the same result of growth with physician offices expected to grow 48% compared to 17% in the hospital setting.



Satisfied Customers allow us to share what we've heard...

"Everyone that I have worked with this week has been extremely responsive and fantastic to work with. The team has truly made the first assignment offer happen (and quickly)! The candidate interviewed, received an offer and is now 100% compliant, all within three days. That is truly remarkable. We very much look forward to working with all of you." -Onsite Coordinator, Dawson Healthcare



Going Above and Beyond...

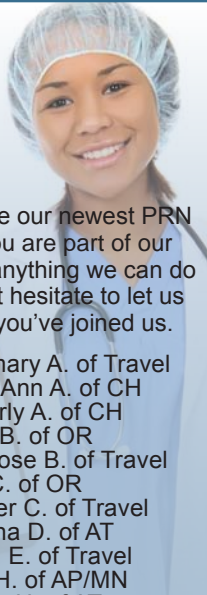


thanks Kim!

Kim, one of our PRN family members - was taking care of a patient the other day, who recently became paralyzed. The patient was not able to paint her toes anymore. Kim went home that night and decided to gather her pedicure items so she could surprise her the next day with a pedicure. The next day she went into work and surprised her patient with her fun polish and pedicure set! She painted her toes and made her day!

Thanks for going above and beyond for your patients Kim... we're proud to have you as part of our family!

WELCOME to the family



We'd like to welcome our newest PRN family members - you are part of our team and if there's anything we can do to support you, don't hesitate to let us know. We're happy you've joined us.

Rosemary A. of Travel
Onyte Ann A. of CH
Kimberly A. of CH
Kathy B. of OR
Generose B. of Travel
Julie C. of OR
Heather C. of Travel
Natasha D. of AT
Deena E. of Travel
Ryan H. of AP/MN
Judson H. of AT
Sherri H. of Travel
Edward H. of Travel
Nicole H. of Travel
Kimberly K. of CH
Sandra K. of Travel
Shawn L. of SD
Vincent M. of Travel
Talmage P. of Travel
Lindsay R. of Travel
Mindi S. of RK
Kali D. of AP/MN
Tracy J. of AP/MN
Becky J. of AP/MN
Kelly K. of AP/MN
Jason O. of AP/MN
Lu W. of AP/MN
Paul F. of AP/MN

REFERRAL BONUS

The totals you see below are the dollar amounts PRN is GIVING away through our Referral Bonus Program. It's simple and well worth it. Here's how it works. You earn up to \$500 for each nurse you refer. You will receive \$2 per hour for every hour they work up to 250 hours – even if you don't work. The referred nurse will receive an extra \$1 per hour for their first 250 hours. *You may not refer one another. Each employee can be referred only one time. A former PRN employee must be inactive for one year prior to eligibility in the referral bonus program.*

**Top Referral: Sarah J. of
Travel earned \$533.50
while her referrals worked!**

Appleton - \$241.50

Atlanta - \$38.00

Chicago - \$25.25

Kraft - \$34.00

Madison - \$93.00

Orange County - \$432.00

Rockford - \$211.50

San Diego - \$180.00

Travel - \$1,831.00

March Total: \$3,086.25

2011 Total: \$7,022.00

welcome to the
PRN family

Happy Anniversary

LOYALTY|DEDICATION|COMMITMENT|RELIABLE|INTEGRITY
DEVOTION|SERVICE|RESPONSIBLE|QUALITY|FLEXIBLE

Twelve Years

Jamie K., RN of IL 5.17

Eight Years

Sheila S., LPN of IL 5.01

Seven Years

Laurie T., LPN of WI 5.17

Five Years

Yolanda B., RN of IL 5.19

Ashley C., RN of MO 5.30

Adrianne D., RN of IL 5.31

Three Years

Latonia R., RN of VA 5.06

Lori V., Dental Hygienist of WI 5.30

Two Years

Teresa N., CNA of IL 5.01

Daniel H., RN of MO 5.08

Susan B., RN of IN 5.14

Alicia U., RN of WI 5.15

One Year

Brandolyn G., RN of IL 5.21

Grace B., RN of WI 5.25

Donte A., LPN of IL 5.26

Joyce F., RN of MO 5.27

Sandra U., LPN of 5.27

Laura S., RN of WI 5.28

Andreneli P., CNA of CA 5.01

Barbara W., RN of CA 5.01

Magdaline G., CNA of CA 5.01

Andrew R., CNA of CA 5.01

Lorenzo R., CNA of CA 5.01

Wayne O., RN of CA 5.01

Patricia R., RN of CA 5.01

John T., RN of CA 5.01

Katherine V., RN of CA 5.01

Kathy A., RN of CA 5.01

Flora B., RN of CA 5.01

Alma G., CNA of CA 5.01

Rose H., CNA of CA 5.01

Bernardo L., CNA of CA 5.01

Dionisia M., CNA of CA 5.01

Rita M., CNA of CA 5.01

Jason W., RN of CA 5.01

Donovan A., CNA of CA 5.01

Si A. CNA of CA 5.01

Margarita A., CNA of CA 5.01

Anna D., CNA of CA 5.01

Brenda H., CNA of CA 5.01

Frederick L. CNA of CA 5.01

Salvador M., CNA of CA 5.01

Andrew A., RN of VN 5.01

Emmanuel O., CNA of CA 5.01

Salomon R., CNA of CA 5.01

Brian B., RN of CA 5.01

Angela B., RN of CA 5.01

Izelle C., RN of CA 5.01

Dorothy D., RN of CA 5.01

Bridgett S., RN of CA 5.01

Karin S., RN of CA 5.01

Nerissa G., RN of CA 5.01

Jannelle T., RN of CA 5.01

Meghan T., RN of CA 5.01

Melisa B. RN of OH 5.01

Dorothy K., RN of CA 5.01

Ken K., RN of CA 5.01

Mariluz R., CNA of CA 5.01

Jorge R., CNA of CA 5.01

Alfonsina V., CNA of CA 5.01

Alfredo Z., CNA of CA 5.01

Yvonne D., RN of CA 5.01

Eliud K., RN of CA 5.01

Paz M., RN of CA 5.01

Jonathan R., RN of CA 5.01

Stella T., RN of CA 5.01

Yolanda V., RN of CA 5.01

Tamara F., RN of CA 5.01

Anthony M., RN of CA 5.01

Adam B., CNA of CA 5.01

Troy B., CNA of CA 5.01

Sandra C., CNA of CA 5.01

Christine B., RN of CA 5.01

Gwendolyn H., LPN of IL 5.03

Shauntea K., RN of CA 5.04

Michael K., RN of IN 5.11

Michelle S., RN of WI 5.18

PRN Product Testing

Product Testing is always looking for infants in diapers and toddlers in training pants for product testing. They are also seeing adults and teens for feminine care product testing. Fox Cities residents (Appleton and surrounding area). Interested - contact Maggie at maggie@prninc.com or by calling 920.749.7702.



REGION SPECIFIC Updates



Wisconsin - Appleton/Madison

- Occupational Health needs are continuing to come in. Please let anybody know that has this experience.
- You may hear a new voice on Team Wisconsin. We are excited to welcome Samantha Van Handel to the team. Sam will be managing compliance and will be keeping in touch with you in regards to expiring credentials. Please try to get them completed once you know that they are expiring. Please welcome Sam.
- News on opportunities:
 - Still looking for a permanent NP in Stoughton.
 - 3 Clinic Contracts in Madison.
 - We've been receiving a lot of per diem hospital needs in Madison and the surrounding areas. Please contact us if you're interested.
 - We have started working with a new C.N.A client in the Waupaca and New London areas. If you're interested in picking up additional shifts, please call Stacie.
 - Per diem needs have really started picking up for WI please keep your availability updated.

Chicago

- Chicago celebrates several nurses recently reactivated with Nurses PRN. In response to our increasing needs for nurses in the Chicago and Northwest Indiana offices, we welcome the following nurses back to our team:
 - Annette W., ER RN
 - John H., ER RN
 - Yolanda B., M/S RN
 - Nita J., ICU RN
 - Pheebe M., M/S RN
 - Dianne S., M/S TELE RN
- Our Chicago office recruiting team continues to emphasize: Re-recruiting former Nurses PRN RN's and LPN's, Obtaining Referrals for new nurses, and online recruiting new nurses as well. Nurses please continue to refer your friends and co-workers. Ask us about our Referral Bonus Plan.

California - Orange County/San Diego

- We have a lot of open RN needs in ER and ICU in San Diego
- Orange County and Los Angeles are still busy M/S, Tele, ICU, and ER orders
- We have long term contracts in Riverside and Palmdale. If you know somebody who lives nearby and is looking for full time work, please keep our referral program in mind!

Travel

- Travel Locations and Specialties:
 - OR, ER & ICU RN's needed in St. Louis, MO
 - Stepdown/ICU RN's needed in San Diego, CA
 - All specialties needed in Greenville, NC
 - PCU/Stepdown RN's needed in Kansas City, MO
 - ICU, MS, PICU, Stepdown/TELE RN's needed in San Antonio, TX and Dallas TX
 - ER, MS, TELE and ICU RN's needed in CT
 - ICU RN's and OR Techs needed in WI
 - ICU, CV-Stepdown & PICU RN's needed in Central IL area
- We have contracts opening up everyday across the US. Give us a call and we will find your next position for you!

Happy Birthday to You



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Catherine B., RN of CA 5.1

Nlita J., RN of IL 5.2

Kimberly A., LPN of WI 5.4

Flora B., RN of CA 5.7

Erin M., RN of CA 5.8

Rodney H., RN of TN 5.9

Jennifer S., RN of WI 5.9

Misti S., CAN of WI 5.9

Alina K., RN of IL 5.10

Esther F., LPN of WI 5.10

Perri K., RN of KS 5.12

Rosalyn C., CNA of WI 5.12

Dorothy K., RN of CA 5.13

Karen C., CNA of IL 5.13

Catrekia H., RN of IL 5.14

Jessyca N., RN of IL 5.18

Brenda H., CNA of CA 5.19

Raul H., RN of CA 5.19

Alma G., CNA of CA 5.19

Ashley B., RN of WI 5.19

Edwin H., RN of IL 5.20

Keyon D., RN of OR 5.21

Adam B., CNA of CA 5.22

Donte A., LPN of IL 5.22

Generose B., OR Tech of IL 5.22

Megan K., RN of MO 5.22

Tammy C., CNA of WI 5.22

Rayme H., LPN of WI 5.23

Janeth K., RN of IL 5.23

Vanessa B., RN of CA 5.24

Rebecca B., RN of CA 5.24

Kelly M., RN of IN 5.24

Gail K., RN of WI 5.24

Paul L., LPN of MN 5.26

Terri W. RN of IL 5.28

Sara P., RN of OR 5.28

Terri C., RN of TX 5.28

Maria V., RN of OR 5.30

Arthritis Awareness

May is National Arthritis Awareness Month



There are more than 100 different types of arthritis. Two most common include:

Osteoarthritis. This is the most common type of arthritis. It occurs when the cartilage covering the end of the bones gradually wears away. Without the protection of the cartilage, the bones begin to rub against each other and the resulting friction leads to pain and swelling.

Rheumatoid arthritis. Rheumatoid arthritis is a long-lasting disease that can affect joints in any part of the body except the lower back and most commonly involves the hands, wrists, and knees. With rheumatoid arthritis, the immune system -- the body's defense system against disease -- mistakenly attacks itself and causes the joint lining to swell.

What Are the Symptoms of Arthritis?

Different types of arthritis have different symptoms and the symptoms vary in severity from person to person. Osteoarthritis does not generally cause any symptoms outside the joint. Symptoms of other types of arthritis may include fatigue, fever, a rash, and the signs of joint inflammation, including: pain, swelling, stiffness, tenderness, redness, warmth.

How Is Arthritis Diagnosed?

Osteoarthritis is typically diagnosed with a complete medical history, including a description of your symptoms and a physical exam. Imaging techniques -- such as X-rays or magnetic resonance imaging (MRI) -- are sometimes used to show the condition of the joints.

How Is Arthritis Treated?

The goal of arthritis treatment is to provide pain relief and increase joint mobility and strength. Treatment options include medication, exercise, heat/cold compresses, use of joint protection, and surgery. Your treatment plan may involve more than one of these options.

Family Notes

PRN Family Updates



- ✂ Our thoughts and prayers go out to Shannon K. and her family of MD.
- ✂ Welcome back Linda C. of MD, we are glad you're feeling better.
- ✂ Hoping for a speedy recovery for Regina A. of MD
- ✂ Our thoughts, prayers and wishes for a speedy recovery for Synetta E. of MD's sister.
- ✂ Thanks to Tammy C. of AP for all of your hard work and great client feedback.
- ✂ Thanks to Jason O. of AP for your willingness to pick up shifts.
- ✂ Thanks to Lacey J. of AP for trying a new facility outside of your desired travel range.
- ✂ Joann H. of CA we are sorry for your loss. You are in our thoughts.
- ✂ We are happy to hear your father-in-law is recovering quickly from his accident Tracie S. of CA.
- ✂ Our thoughts and prayers are with you over the loss of your father Norah M. of CA.
- ✂ Congratulations to Bonnie, our San Diego staffer, who welcomed a brand new granddaughter into her family this month!

Recipe of the Month

Families with strong traditions always seem to have a "family recipe collection," Nurses PRN is no different. Our family recipes come from nurses all over the country... enjoy and happy cooking!



Grilled Pineapple

submitted by Jessica, Travel RN of Nurses PRN

Ingredients:

- 1 fresh pineapple - peeled, cored and cut into 1 inch rings
- 1/4 teaspoon honey
- 3 tablespoons melted butter
- 1 dash hot pepper sauce
- salt to taste



Directions:

Place pineapple in a large re-sealable plastic bag. Add honey, butter, hot pepper sauce, and salt. Seal bag, and shake to coat evenly. Marinate for at least 30 minutes, or preferably overnight.

Preheat an outdoor grill for high heat, and lightly oil grate.

Grill pineapple for 2 to 3 minutes per side, or until heated through and grill marks appear.

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