



**Immunizations
Awareness Month**

**Travel Nursing...
from one nurse to
another**

**social MEDIA
updates**

**REFERRAL
BONUS**

See how much money
can be made

Region Updates - see
what's going on!

PRN Press August 2011

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Certified by The Joint Commission

IMMUNIZATION AWARENESS

August is National Immunization Awareness Month

National Immunization Awareness Month is the perfect time to promote immunizations and remind family, friends, and coworkers to get caught up on their shots. Immunizations (or vaccinations) aren't just for babies and young kids. We all need shots to help protect us from serious diseases and illness. Shots can prevent infectious diseases like measles, diphtheria, and rubella. But people in the U.S. still die from these and other vaccine-preventable diseases. It's important to know which shots you need and when to get them.

Young children:

- Children under age 6 get a series of shots to protect against measles, polio, chicken pox, and hepatitis.

Preteens:

- All 11- and 12-year-olds need shots to help protect against tetanus, diphtheria, whooping cough, and meningitis.
- Doctors recommend girls also get the HPV vaccine to protect against the most common cause of cervical cancer.

Adults:

- All adults need a tetanus shot every 10 years.
- Adults age 50 and older need a flu shot every year.
- People age 65 need a one-time pneumonia shot.
- Talk to your doctor or nurse about which shots you and your family need.

Article Source: Centers for Disease Control and Prevention, National Center for Immunization and Respiratory Diseases

Happy Birthday to You



HAPPY BIRTHDAY HAPPY BIRTHDAY
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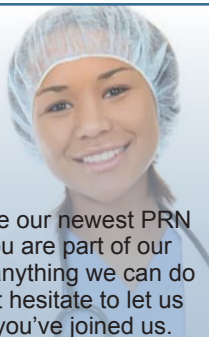
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Jamie M., RN of WI 8.01
Ryan H., RN of WI 8.03
Jacqlyn A., RN of IN 8.03
Patti F., LPN of IL 8.03
Geri V., RN of CO 8.04
Julie S., RN of WI 8.04
Michele E., LPN of IL 8.05
Daniel G., CMA of WI 8.05
Kimberly A., RN of IL 8.06
M. Stephen T., RN of AZ 8.06
Kate B., RN of MO 8.07
Kimberly C., RN of IL 8.09
Elizabeth C., RN of TX 8.09
Mandeep S., RN of CT 8.10
Mandie B., RN of WI 8.11
Felecia S., RN of IL 8.11
Jacqueline G., RN of IL 8.11

Tracy J., LPN of WI 8.12
Marcia B., RN of IL 8.14
Stephanie P., RN of WI 8.14
Arlyne P., RN of IL 8.14
Dawn S., LPN of WI 8.15
Hiwot D., RN of GA 8.15
Jacqueline C., CNA of WI 8.15
Robert R., RN of NH 8.15
Sandy C., RN of WI 8.15
Annelise B., RN of CA 8.17
Wanda C., RN of MO 8.17
Annette W., RN of IL 8.18
Allison B., RN of SC 8.18
Dawn G., RN of IL 8.19
John H., RN of IL 8.19
Marian J., RN of CA 8.19
Denice B., CNA of IL 8.20

Dennis B., OR TECH of NJ 8.20
Heather D., RN of AZ 8.20
Aaron B., CNA of OR 8.20
Kelly R., RN of WI 8.21
Kim B., LPN of WI 8.24
Timothy G., RN of MO 8.24
Jessica F., CNA of WI 8.24
Rebecca M., LPN of CA 8.24
Cara W., RN of CA 8.24
Eileen T., RN of WI 8.25
Randee L., RN of IL 8.26
Vonnie G., LPN of WI 8.26
Barbara W., RN of CA 8.26
Larry S., LPN of WI 8.27
Maureen Z., RN of IL 8.28
Mary G., LPN of WI 8.30
Carla J., RN of IN 8.31

WELCOME to the family



We'd like to welcome our newest PRN family members - you are part of our team and if there's anything we can do to support you, don't hesitate to let us know. We're happy you've joined us.

welcome to the PRN family

Jacqlyn A. of CH
Melanie B. of Travel
Ann B. of RK
Trina B. of AP/MN
Kim B. of AP/MN
Jamie B. of AP/MN
Andrea B. AP/MN
Jessica B. of Travel
Katie B. of AP/MN
Dennis B. of Travel
Jacqueline B. of RK
Janet C. of AP/MN
Elizabeth C. of MIC
Patricia C. of CH
Latonya C. of Travel
Maria Sofia D. of SD
Kara D. of SD
Susan D. of AP/MN
Andrea E. of AP/MN
Renee E. of Travel
Jessica G. of AP/MN
Stacey G. of OC
Stephanie G. of SD
Annalea J. of OC
Melanie J. of Travel
Donna K. of AP/MN
Megan K. of AP/MN
Rafael L. of OC
Ann M. of Travel
Mehrazin M. of OC
Melinda N. of RK
Quiana P. of Travel
Stephanie P. of SD
Susan R. of CH
Alexandra S. of OR
Pamela S. of Travel
Tania S. of RK
Farrah S. of RK
Carol S. of RK
Kris Noel T. of MD
Kimberly T. of Travel
Carissa T. of AP/MN
Rosa W. of Travel
Elaine W. of MD
Valerie Y. of AP/MN
Cortney Z. of OC

REFERRAL BONUS

The totals you see below are the dollar amounts PRN is GIVING away through our Referral Bonus Program. It's simple and well worth it. Here's how it works. You earn up to \$500 for each nurse you refer. You will receive \$2 per hour for every hour they work up to 250 hours - even if you don't work. The referred nurse will receive an extra \$1 per hour for their first 250 hours. *You may not refer one another. Each employee can be referred only one time. A former PRN employee must be inactive for one year prior to eligibility in the referral bonus program.*

**Top Referral:
Daniel H. of
Travel earned
\$295.50 while his
referrals worked!**

Appleton - \$793.25
Atlanta - \$23.75
Chicago - \$216.00
Madison - \$116.50
Orange County - \$185.25
Rockford - \$83.00
San Diego - \$433.25
Travel - \$1,106.25

June Total: \$2,957.25

2011 Total: \$17,982.25

PRN's Social Media



Thanks to everybody for all of your help with calling in and singing songs about America. We have a bunch of excellent singers and poets!

Check out the video on our website at www.prnhealthservices.com and visit the health news tab! The YouTube video is embedded on the health news page... you won't be disappointed!

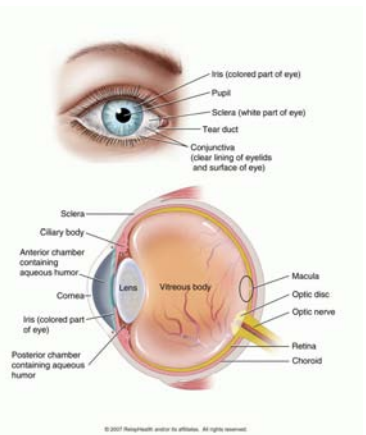
Also, don't forget that our facebook page is a great way to keep up with needs, engage in conversation and see the orders as they come in. We have a corporate page (with a job search app.) and local pages - search for us or let us know and we'll connect you!



The Eye & How We See

The eyes are wonderful sensory organs. They help people learn about the world in which they live. Eyes see all sorts of things - big or small, near or far, smooth or textured, colors and dimensions. The eyes have many parts - all of which must function in order to see properly.

- **Inside the Eye:** In addition to the many sections of the eyeball itself, muscles are attached to the outer walls of the eyeball. The eye muscles are attached to the eyes in order that we can move our eyes. The interactive diagram shows these main parts. If anything goes wrong, such as from diabetic eye disease, an individual might not be able to see as well.



- **A Complete Picture:** Visual information from the retina travels from the eye to the brain via the optic nerve. Because eyes see from slightly different positions, the brain must mix the two images it receives to get a complete picture.

What we think of as seeing is the result of a series of events that occur between the eye, the brain, and the outside world. Light reflected from an object passes through the cornea of the eye, moves through the lens which focuses it, and then reaches the retina at the very back where it meets with a thin layer of color-sensitive cells called the rods and cones. Because the light criss-crosses while going through the cornea, the retina "sees" the image upside down. The brain then "reads" the image right-side up.

Common Eye Myths

It's important to separate fact from fiction, especially when the topic is eyesight. Knowing how to take good care of your eyes is the first step to protecting your sight for a lifetime.

Myth: Failure to use proper glasses will hurt your eyes.

Fact: This statement does have some truth for a small number of people. Some children have eye problems that can be corrected, and it is important that they wear their glasses. While corrective glasses or contacts are needed to improve eyesight, using your eyes with or without glasses will not damage them further.

Myth: Reading in dim light can damage your eyes.

Fact: Reading in dim light can cause eye fatigue, but it will not hurt your eyes.

Myth: Eating carrots will improve your vision.

Fact: While it is true that carrots are high in Vitamin A, which is an essential vitamin for sight, only a small amount is necessary for good vision.

Myth: There's nothing you can do about preventing sight loss.

Fact: Regular eye exams and proper safety eyewear can save your sight.

Myth: An eye exam is only necessary if you're having problems.

Fact: Everyone should follow a proper eye health program that includes a regular eye exam, whether or not they're having any noticeable signs of problems.

REGION SPECIFIC Updates



Wisconsin - Appleton/Madison

- News on opportunities:
 - Looking for Occupational Health Nurses throughout Wisconsin.
 - We have orientation scheduled in Madison for a major Hospital, July 26.
 - Med Surg contract and per diem needs in Madison.
 - Neuro ICU contract in Madison.
 - Long-term Care, ER and Med Surg nurses are needed in the Madison and surrounding areas.
 - Med Surg and Long-term care nurses needed in West Allis.
- If you're wanting to make extra money please refer nurses. We have an amazing referral bonus.
- Please remember to keep your documents and certifications up to date. If you have to be placed inactive this could affect your points.

Chicago - Michigan City

- Chicago-land West and South Suburbs hospital orientations scheduled for August and September.
- Orientation to new facilities is the key to staying "as busy as you want to be all year round." We need your nursing skills and talents now!
- Our Northwest Indiana clients have begun to order staff once again. You can get an update by calling our office on all of the above at: 1.888.830.8811 and ask for Marcheta , Account Manager for Scheduling, or email at marcheta@prninc.com.
- Find us on Facebook! Invite us to be a friend, stay informed! "Nurses PRN – MichCity" and "Nurses PRN – Chicago."

Travel

- Travel Locations and Specialties: We have contracts opening up everyday across the US. Give us a call and we will find your next position.
 - OR RN's needed in St. Louis, MO, CT, NC, WI – starting ASAP.
 - L&D / Mom Baby RN's needed nationwide
 - ICU RN contracts available in NC, NM, TX, OR, AK, KS and many more areas!
 - New York City contracts available for RN's with BSN's.
 - All RN specialties are needed for OH contracts.

New in Chicago

Computer Order Entry Implemented

Exciting news! We recently implemented new Computerized Physician Order Entry software throughout the facility during June and July. Taking a BIG STEP toward the goal of a fully electronic medical record – the hospital and patients will benefit greatly from the enhanced safety and accuracy of Dr's orders. Our RN's helped maintain normal patient care services while hospital staff implemented the new system. Hospital representatives praised the Nurses PRN team of clinical and support staff during this important project.

Family Notes

PRN Family Updates

- ☺ Our thoughts and prayers go to Tammy C. and your family from WI.
- ☺ Hoping all goes well for Nici K. of WI.
- ☺ Congrats to Kali D. of WI on your new bundle of joy.
- ☺ The family of Barbara R, RN experienced the loss of their daughter recently. The PRN family shares in your loss and continues to keep our nurse and friend, Barb and her family in our thoughts and prayers.
- ☺ Congratulations to Nikki B. from Travel on the birth of her new granddaughter.
- ☺ Wishing a speedy recovery to Kelli L. from Travel.

Travel Nursing with Nurses PRN - One Nurse To Another

Looking for a new nursing staffing agency, prn nursing agency, or just a top notch nursing travel agency that will take care of your needs? If any of these describe what type of nursing agency you are looking for then Nurses PRN is for you! For over the last year they have addressed and satisfied every need or concern I have had. And what's more is they are happy to help and really care about their nurses needs. Before choosing Nurses PRN as my prn travel nursing agency I shopped several to see what was out there. At the end of the day Nurses PRN exceeded my expectations with their attentiveness to my requests, questions, and outstanding travel package.

With so many travel nursing agencies it can be really nerve racking as a novice travel nurse to decide which agency to sign on with. But please be cautious when making this decision. It is of paramount importance that as a new travel nurse or new local prn nurse who is looking for a nursing staffing agency that you make the right choice. For example, when calling a nurse staffing agency for the first time if you are not showered with enthusiasm and excitement stop right there and make your next call. If the recruiters and employees of that medical staffing agency are not chipper now its most likely that when you have a problem or difficulty they won't be either.

This is just my testimony to all new travel nurses or nurses who want to find a local prn nurse staffing agency to represent them. When you are making your final decision always look at more than the money offer. Money is important but make sure when shopping around you have a list of questions that you want to know in advance. Ask about living expenses, tax free money, bonus pay, how many office sites, 401k plans, health package, and anything else you are curious about before you sign on the dotted line. Do they cover your certifications and renewals basic life support and advanced cardiovascular life support? By the way Nurses PRN in St. Louis hosts BLS and ACLS classes right in their office for their travel nurses and local nurses, how convenient is that!

When I signed on with Nurses PRN, I was 100% convinced that I had made the right choice. Over the past year several other nursing agencies have made me offers and presented different nursing travel packages. Not one has compared to the complete package I get with Nurses PRN! So from one travel nurse to another this is the one you should add to your shopping list. They have several different offices all over the country which is nice when you want that face to face contact.

Currently, I am located in St. Louis, Missouri and they make sure I am happy with my nursing travel contract. If you are looking call them today at 1-888-830-8811 and ask for the travel division or you can apply instantly online at www.prnhealthservices.com.

Good Luck Fellow Nurses,
Kimberly Hickman RN

Happy Anniversary

LOYALTY | DEDICATION | COMMITMENT | RELIABLE | INTEGRITY
DEVOTION | SERVICE RESPONSIBLE | QUALITY | FLEXIBLE

11 Years

Mandeep S., RN of CT 8.15

5 years

Kimberly A., LPN of WI 8.04

Paul L., LPN of MN 8.24

4 Years

John G., RN of WI 8.07

Valerie P., RN of WI 8.24

Paula K., RN of IN 8.31

3 Years

Carleena M., CNA of IL 8.06

Pheebe M., RN of IN 8.08

Deborah A., CNA of WI 8.12

Julie S., RN of WI 8.15

2 years

Julie D., CNA of WI 8.03

Terri C., RN of MO 8.04

Amy W., RN of IL 8.20

Alina K., RN of IL 8.21

Tamika G., RN of MO 8.28

1 Year

Carol R., LPN of WI 8.04

Dawn G., RN of IL 8.06

Gigi K., LPN of WI 8.06

Kimberly H., RN of MO 8.06

Louise H., RN of WI 8.06

Sylvia P., CNA of IL 8.10

Virginia B., RN of WI 8.11

Erin S., RN of CA 8.11

Erin K., RN of WI 8.12

Ronald E., RN of CA 8.13

Rebecca B., RN of CA 8.13

Olive K. RN of CA 8.17

Sharmay L., RN of WI 8.19

Zaid D., LPN of IL 8.20

Betty J., CNA of IL 8.23

Norman W., RN of CA 8.26

Terra H., RN of IL 8.27

Lee F., RN of MO 8.27

Daniel G., CMA of WI 8.30

Recipe of the Month

Families with strong traditions always seem to have a "family recipe collection," Nurses PRN is no different. Our family recipes come from nurses all over the country... enjoy and happy cooking!



Antipasto Kabos submitted by Tracy of Chicago, IL

Ingredients:

- 1 pkg refrigerated cheese tortellini
- 40 pimiento-stuffed olives
- 40 large pitted ripe olives
- ¾ cup Italian salad dressing
- 40 thin slices pepperoni
- 20 thin slices hard salami, halved
- Fresh parsley sprigs, optional

Directions:

Cook tortellini according to package directions; drain and rinse in cold water. In a large re-sealable plastic bag, combine the tortellini, olives and salad dressing. Seal bag and turn to coat; refrigerate for 4 hours or overnight. Drain and discard marinade. For each appetizer, thread a stuffed olive, folded pepperoni slice, tortellini, folded salami piece, ripe olive and parsley sprig if desired on a toothpick or short skewer.

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The kind of company you want to work for.

You asked, we listened – we redesigned the newsletter for you.



Quality • Compassion • Integrity • Flexibility • Relationships